

VOTRE INSTRUC TEUR CERTIFIE...

COURS/ 2020 . 2021

ZUMBA/ fitness



URBAN/ latino



GYM/ senior .adulte



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LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

WEEK-END

14.30 - 15.30
Zumba Gold
Airbus - Blagnac

10.30 - 11.30
Qi Gong
Airbus - Blagnac

11.30 - 12.30
Qi Gong
Salle compas Balma

Masterclass
Zumba Party !
Renseignez-vous...

18.00 - 18.45
Qi Gong
Energie Club Garidech

12.15 - 13.15
Zumba
Pierre Fabre - Toulouse

12.30 - 13.30
Zumba
Salle compas Balma

10.00 - 11.00
Gym Bien-Etre
Dojo de Balma

Stages
Qi Gong
Zen attitude...

19.00 - 19.45
Cross Training
Energie Club Garidech

17.30 - 18.30
Zumba
GYGAFIT St Orens

14.30 - 15.30
Pilates
Airbus - Blagnac

11.00 - 12.00
APOR
Dojo de Balma

Masterclass
Urban latino . Samba
Stages réguliers

19.45 - 20.30
Strong Nation
Energie Club Garidech

19.00 - 20.00
Urban latino . Zumba
Gym. J. Rostand Balma

18.30 - 19.30
Urban latino . Zumba
Gym. J. Rostand Balma

12.30 - 13.30
Strong Nation
GIGAFIT St Orens

Evènements
Performer
Organisation soirées

19.30 - 20.30
Zumba
EV. et SY. Drémil Lafage

20.45 - 21.30
Urban latino . Zumba
Energie Club Garidech

20.30 - 21.30
Zumba
EV. et SY. Drémil Lafage

20.30 - 21.30
Zumba
Energie club Garidech

18.00 - 19.00
Zumba
Salle compas Balma

Evènements
Animation
Particuliers . Sociétés